

Trotters at the Gold Coast today (1st July 2018) for their brilliant running festival.

Richard Duggan ran the marathon in 3:32 in pretty warm conditions.

Michael Morrissey ran the half in 1:28:20, and Phil South 1:29:22. Phil would normally be a km or 2 ahead of Michael but is recovering from injury.

After the race Michael bumped into the running superstar and recent Boston Marathon winner Yuki Karauchi, see photo...

