

Turramurra Trotters Take Territory 'Thons – August 2019

A couple of days after the City to Surf some Trotters departed Sydney to meet with forward scouts Lily & Richard Duggan in Alice Springs who had arrived a day earlier. The party was:

Bart Dekker

Lily Duggan & Richard Duggan

Nick Swan

Cynthia Thomson & Rob Thomson

We hopped into our people-mover and headed southwards to Yulara (a 5-hour drive) where we launched ourselves onto the IGA for dinner and edible items for breakfast etc.

It was already quite chilly when we arrived, and it got down to 2 degC the next morning.

Uluru/Ayers Rock

We all went the full 10k around the base – most walking but the lazy ones cycling.

Uluru is the largest monolith in the world ... I daresay it also the steepest as the ladies could not climb the first bit due to slippery soles.



The following days we walked the Kings Canyon rim and also into the Olgas before driving back to Alice Springs on the Friday, where a few of us went to a rather noisy but talented Cold Chisel tribute band in town.

Henley-on-Todd Regatta

On Saturday morning we headed down to the dry Todd River riverbed where all of us entered at least one race in this famous regatta.

Two Trotters entered the Budgie Smuggler race where they both beat the last placegetter by a short length:



The marathon

Just before 6am on the Sunday we headed off to the Alice Springs Desert Park on the north-western edge of town. It was quite mild (8 degC) and still – thankfully warmer and less windy than it had been on previous days.

I was the only one of the group running the full marathon but everybody came along to wave me off. At only 25 strong the marathon field was small: even so, I was not expecting a podium finish but was almost certain of being first Trotter home unless the local wildlife had other ideas. The sartorial but sleep-deprived running crew:



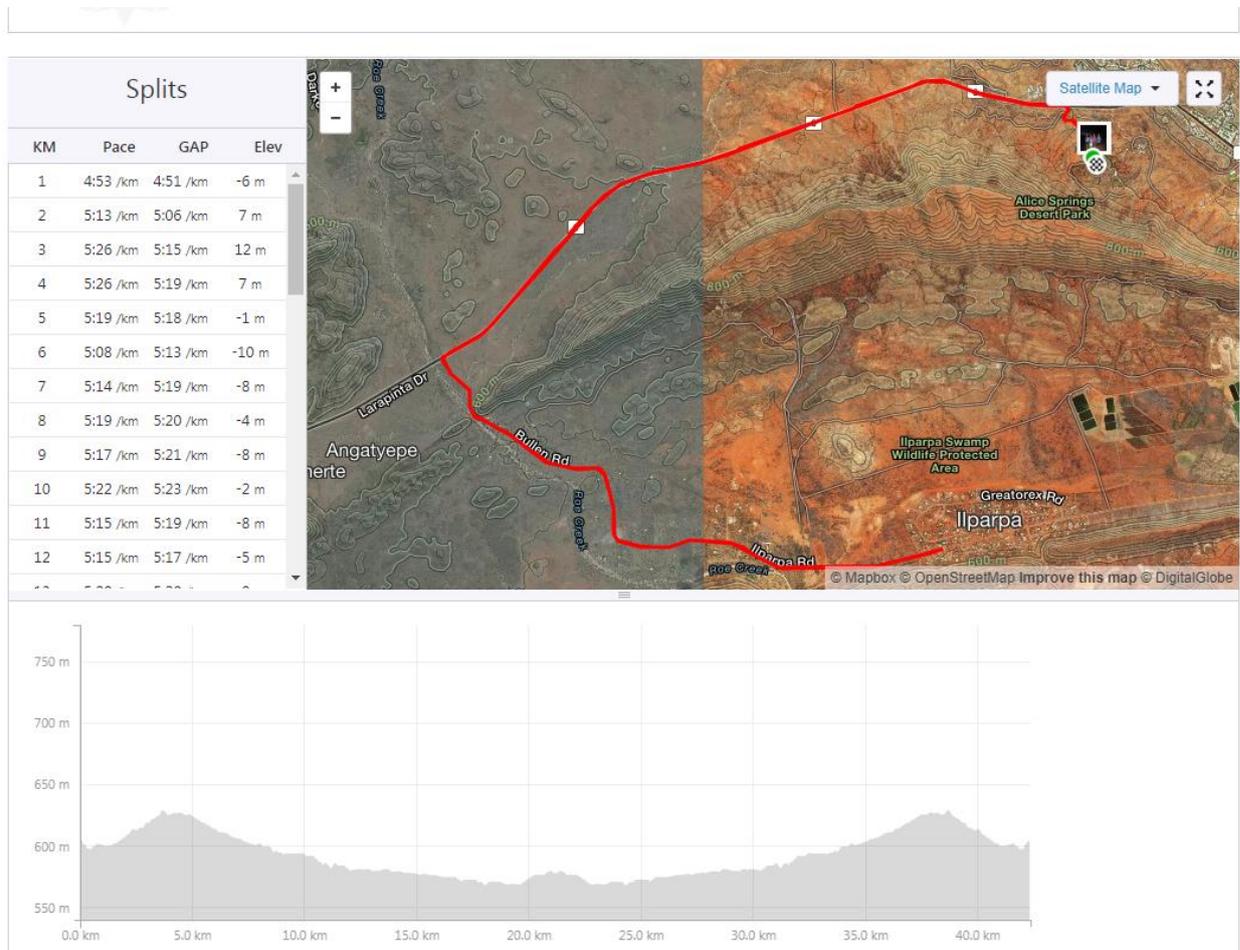
At 6:30am I headed off into the gloaming heading further west out of town, to be amongst all the wild and hungry animals where all I had to ward them off was flailing arms and a couple of energy bars.

Bart, Nick and Richard were lucky enough to be ferried in air-conditioned comfort all the way to the marathon turnaround point where they would start the 21.1km run back into town.



The red line below indicates that the course started in the top-right at the Desert Park, went west past the MacDonnell Ranges escarpment, eventually turned south and then east towards the suburb of Ilparpa (again, the outskirts of Alice Springs). That was halfway where there was a card table, a marshal and a portaloo!

On the way back it was mostly a long slow uphill slog, eventually facing the rising sun and, despite the mild temperature and an event visor, the sun eventually got to me due mostly to lack of specific training and talent.



Serendipitously, without once looking at a watch before the last few hundred metres, I managed to go just 0.3 seconds under 4 hours! The others all ran under 2 hours for the half. A thoroughly enjoyable run for each.

Another great Trotters trip - done and dusty!

Rob Thomson

August 2019

<u>Race Date</u>		2019 Marathon and Half Marathon					
August 18, 2019		<u>Overall Finish List</u>					
Marathon							
Overall	Name	City	Bib No	Age	Gen	AG Place	Time
1	Lachlan Oakes		926		M	1 0-0	2:33:11.2
2	Warwick Peter-Budge		919		M	2 0-0	2:48:57.5
3	Chris Hunter		918		M	3 0-0	2:55:49.8
4	Mick Fallon		909		M	4 0-0	3:01:05.6
5	Michael Hennessy		921		M	5 0-0	3:23:23.1
6	Ryan Sheridan		902		M	6 0-0	3:24:01.0
7	Benjamin Kearney		948		M	7 0-0	3:24:38.3
8	Jamie Candler		915		M	8 0-0	3:25:10.7
9	David Busuttil		925		M	9 0-0	3:27:11.2
10	Jarrod Tregenza		906		M	10 0-0	3:29:50.9
11	Cail Rayment		949		M	11 0-0	3:31:24.8
12	Luke Craig		917		M	12 0-0	3:33:49.5
13	David Vlotman		922		M	13 0-0	3:44:09.5
14	Tony Smith		950		M	14 0-0	3:55:31.7
15	Robert Thomson		911		M	15 0-0	3:59:59.7
16	Tara Cobbe		913		F	1 0-0	4:01:51.8
17	David Beasley		905		M	16 0-0	4:08:58.3
18	Jordyn Kindness		931		F	2 0-0	4:12:44.8
19	Karen Ritky		929		F	3 0-0	4:13:42.6
20	Michael Hebb		947		M	17 0-0	4:18:35.2
21	Joshua Mapstone		914		M	18 0-0	4:32:58.8
22	Tin Kyaw		930		M	19 0-0	5:10:00.1
23	Dominic Purino		924		M	20 0-0	5:13:31.7
24	Allan Webster		907		M	21 0-0	5:36:11.2
25	Ruth Olech		920		F	4 0-0	5:38:58.0

<u>Race Date</u>		2019 Marathon and Half Marathon					
August 18, 2019		<u>Overall Finish List</u>					
Half Marathon							
Overall	Name	City	Bib No	Age	Gen	AG Place	Time
1	Emma Kraft		679		F	1 0-0	1:27:24.2
2	Mark Russell		688		M	1 0-0	1:33:40.1
3	Mark Hassall		672		M	2 0-0	1:34:29.4
4	Graham Robertson		658		M	3 0-0	1:36:43.8
5	SARAH CRAWFORD		673		F	2 0-0	1:36:43.8
6	Jamie Lines		632		M	4 0-0	1:37:05.8
7	Josh Hudson		666		M	5 0-0	1:39:28.7
8	John Boffa		629	57	M	1 1-99	1:40:30.2
9	Michael Coote		649		M	6 0-0	1:42:05.2
10	Dylan Burns		625		M	7 0-0	1:42:27.0
11	Rachael Howard		685		F	3 0-0	1:42:37.2
12	karl gallofin		630		M	8 0-0	1:45:46.0
13	Lindsey Owen		626	31	F	1 1-99	1:46:49.7
14	Marsha Maule-Murphy		613		F	4 0-0	1:48:07.4
15	Jeannadele Holzmann		686		F	5 0-0	1:49:09.2
16	Rich Holzmann		687		M	9 0-0	1:50:22.1
17	hannah overheu		640		F	6 0-0	1:51:09.7
18	CLIONA FALVEY		621		F	7 0-0	1:54:17.6
19	Bart Dekker		602		M	10 0-0	1:54:40.0
20	jessica mazur		654		F	8 0-0	1:57:59.7
21	Richard Duggan		628		M	11 0-0	1:58:26.0
22	Amber Russell		639		F	9 0-0	1:58:46.7
23	Luke Patchett		684		M	12 0-0	1:59:11.5
24	Chloe Erlich		668		F	10 0-0	1:59:28.2
25	Nicholas MITCHELL		656		M	13 0-0	1:59:28.4
26	Laura Stuart		638		F	11 0-0	2:01:29.5
27	David Stuart		636		M	14 0-0	2:01:29.5
28	Nadia Mills		678		F	12 0-0	2:02:14.3
29	Nicholas Swan		646		M	15 0-0	2:02:58.5
30	Holli George		665		F	13 0-0	2:04:05.6
31	Asha George		664		F	14 0-0	2:04:05.6
32	Stuart Brown		644		M	16 0-0	2:04:52.6
33	Rosemary Stewart		605		F	15 0-0	2:05:07.1
34	lizzie strickland		633		F	16 0-0	2:05:22.5
35	Heather Buescher		675		F	17 0-0	2:05:35.2
36	Janet Coote		667		F	18 0-0	2:06:48.6
37	Cherlyn Angagka		641		F	19 0-0	2:07:32.8
38	Evana Coote		653		F	20 0-0	2:07:33.1
39	Daniel George		615		M	17 0-0	2:07:39.4
40	Kelly George		689		F	21 0-0	2:07:39.5
41	Michael Axten		659		M	18 0-0	2:08:07.5
42	Kevin Carroll		637		M	19 0-0	2:08:44.8
43	David Reeve		624	52	M	2 1-99	2:11:28.2
44	Jo Green		662		F	22 0-0	2:12:37.1
45	Michael Court		682		M	20 0-0	2:12:58.7
46	Jordan Armstrong		655		M	21 0-0	2:13:07.2
47	Patrick Carson		600		M	22 0-0	2:14:20.0